

# Devil Dog Gym and Hancock Gym Opening Monday, 11 May 2020

**Devil Dog Gym Hours of Operation: CAPACITY 43 (to include Cardio Room)**

Mon-Fri: 0500-1400 and 1500-2100 (closed from 1400-1500 for cleaning)

Sat-Sun: 0800-1400 and 1500-1800 (closed from 1400-1500 for cleaning)

**Hancock Gym Hours of Operation: CAPACITY 16**

Mon-Fri: 0500-1400 and 1500-2100 (closed from 1400-1500 for cleaning)

Sat-Sun: closed

**Rules:**

Gyms will be open to all authorized patrons

Limited to one hour for workouts

Maintain social distancing of 6 feet

Face covering not required while working out

Full-length towel required

ID Card required

Appropriate PT attire

Unit PT not permitted

Floor PT not permitted

Paired workouts not permitted – individual workouts only

Limited showers available

Belts and other porous items not available

Bottle fill only at water fountains

Equipment cleaned BEFORE and AFTER use

Sanitize hands upon entry and exit

Equipment and accessories will be limited

All patrons must enter/exit through the main entrance and be signed in/out

**Please Note:**

Marine Dome will remain closed

Health Promotions – by appointment only. Office Hours: 0730-1630. Call 466-6474