

# Devil Dog Gym and Hancock Gym Opening Monday, 11 May 2020

## **Devil Dog Gym Hours of Operation: CAPACITY 43 (to include Cardio Room)**

- Mon-Fri: 0500-1400 and 1500-2100 (closed from 1400-1500 for cleaning)
- Sat-Sun: 0800-1400 and 1500-1800 (closed from 1400-1500 for cleaning)

## **Hancock Gym Hours of Operation: CAPACITY 16**

- Mon-Fri: 0500-1400 and 1500-2100 (closed from 1400-1500 for cleaning)
- Sat-Sun: closed

## **RULES:**

- Gyms will be open to ACTIVE DUTY ONLY
- Limited to one hour for workouts
- Maintain social distancing of 6 feet
- Face covering not required while working out
- Full-length towel required
- ID Card required
- Appropriate PT attire
- Unit PT not permitted
- Floor PT not permitted
- Paired workouts not permitted – individual workouts only
- Showers not available
- Belts and other porous items not available
- Bottle fill only at water fountains
- Equipment cleaned BEFORE and AFTER use
- Sanitize hands upon entry and exit
- Equipment and accessories will be limited
- All patrons must enter/exit through the main entrance and be signed in/out

## **Please Note:**

- Hancock Aerobic and Spin Center will remain closed
- Marine Dome will remain closed
- HITT will remain closed
- Intramural Sports and Youth Sports will both remain closed
- Health Promotions – by appointment only. Office Hours: 0730-1630. Call 466-6474